

Personal Responsibility Education Program (PREP) High School Exit Survey

Thank you for your help with this important study. This survey includes questions about your family, friends, school, and also your attitudes and behaviors. Your name will not be on the survey and your responses will remain private to the extent permitted to law. We want you to know that:

1. Your participation in this survey is voluntary.

2. We hope that you will answer all of the questions, but you may skip any questions you do not wish to answer.

3. The answers you give will be kept private to the extent permitted by law.

Please answer the following questions as best you can. The first set of questions are about you.

* I understand and agree that completing this survey is voluntary.

Yes

1. How old are you?

+

2. What grade are you in? (If you are currently on vacation or in summer school, indicate the grade you will be in when you go back to school).

- 🗢

3. When you are at home or with your family, what language do you usually speak?

MARK ALL THAT APPLY

English

Spanish

Other (please specify)

4. Are you Hispanic or Latino?

O Yes

O No

5. What is your race?

MARK ALL THAT APPLY

American Indian or Alaska Native

Asian



Native Hawaiian or other Pacific Islander

White or Caucasian

6. What is your sex?



O Female

7. Are you currently ...?

MARK ALL THAT APPLY	
Living with family [parent(s), guardian, grandparents, or other relatives]	
In foster care, living with a family	
In foster care, living in a group home	
Couch surfing or moving from home to home	
Living in a place not meant to be a residence, such as outside, in a tent city or homeless camp, in a car, in an abandoned vehicle or in an abandoned building	
Staying in an emergency shelter or transitional living home	
Staying in a hotel or motel	
In juvenile detention, jail, prison or another correctional facility, or under the supervision of a probation officer	
None of the above	

For questions 8-12, please think about how participating in the Love Notes curriculum has affected you, <u>even if it did not cover the topic</u>.

8. Has participating in the Love Notes curriculum made you more likely, about the same, or less likely to...

(Note: If the curriculum has not affected your likelihood to do the following, choose "About the same.")

MARK ONLY ONE ANSWER PER ROW

	Much more likely	Somewhat more likely	About the same	Somewhat less likely	Much less likely
a. resist or say no to peer pressure?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
b. manage your emotions in healthy ways (for example, ways that are not hurtful to you or others)?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
c. make decisions to not use drugs and alcohol?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
d. think about the consequences before making a decision?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc

9. Has participating in the Love Notes curriculum made you more likely, about the same, or less likely to...(*Note: If the curriculum has not affected your likelihood to do the following, choose "About the same."*)

MARK ONLY ONE ANSWER PER ROW.

	Much more likely	Somewhat more likely	About the same	Somewhat less likely	Much less likely
a. make plans to reach your goals?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
b. care about doing well in school?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
c. graduate high school or get your GED?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
d. plan to get more education and/or training after high school or completing your GED?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
e. get a steady full- time job after school?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc

10. Has participating in the Love Notes curriculum made you more likely, about the same, or less likely to...(*Note: If the curriculum has not affected your likelihood to do the following, choose "About the same."*)

MARK ONLY ONE ANSWER PER ROW.

	Much more likely	Somewhat more likely	About the same	Somewhat less likely	Much less likely
a. save money to get things you want?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
b. feel confident about how to open a bank account?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
c. feel confident about how to prepare a budget?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
d. feel confident about how to track your expenses?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
e. understand the costs associated with raising a child?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc

11. Has participating in the Love Notes curriculum made you more likely, about the same, or less likely to...(*Note: If the curriculum has not affected your likelihood to do the following, choose "About the same.")*

MARK ONLY ONE ANSWER PER ROW

	Much more likely	Somewhat more likely	About the same	Somewhat less likely	Much less likely
a. talk with your parent, guardian, or caregiver about things going on in your life?	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc
b. talk with your parent, guardian, or caregiver about sex?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc

12. Has participating in the Love Notes curriculum made you more likely, about the same, or less likely to...(*Note: If the program has not affected your likelihood to do the following, choose "About the same."*)

MARK ONLY ONE ANSWER PER ROW.

	Much more likely	Somewhat more likely	About the same	Somewhat less likely	Much less likely
a. better understand what makes a relationship healthy?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
b. resist or say no to someone you are dating or going out with if they pressure you to participate in sexual acts, such as kissing, touching private parts, or sex?	\bigcirc	\bigcirc	0	0	0
c. talk to a trusted adult (for example, a family member, teacher, counselor, coach, etc.) if someone you are dating or going out with makes you uncomfortable, hurts you, or pressures you to do things you don't want to do?	0	0	0	0	0

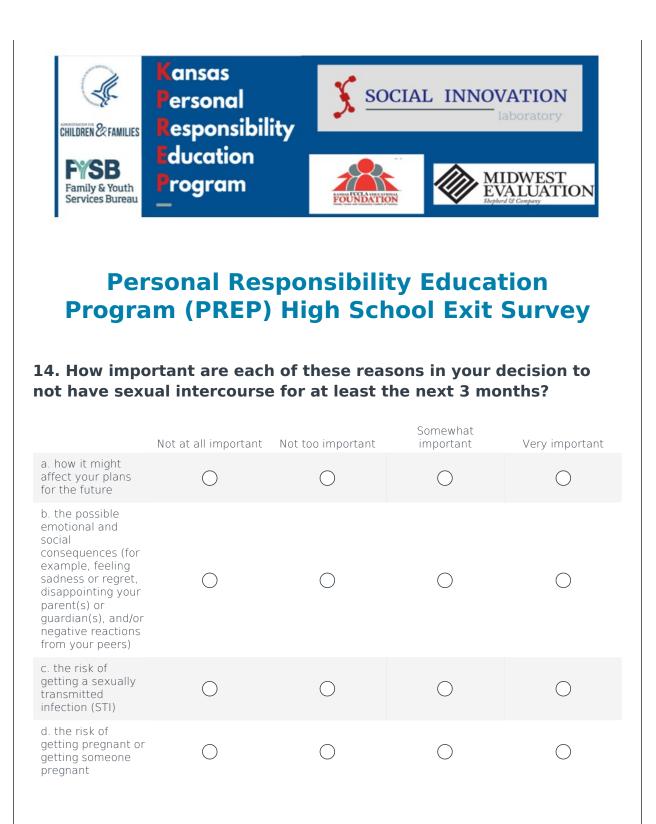
The next questions ask about sexual intercourse.

13. As a result of participating in the Love Notes curriculum, are you planning to abstain from sexual intercourse (choose to not have sexual intercourse) for at least the next 3 months?

() Yes

O No

○ Not sure





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The next few questions refer to sexual intercourse and your risk of pregnancy and sexually transmitted infections (STIs). Remember, all of your responses will be kept private.

15. Has participating in the Love Notes curriculum made you more likely, about the same, or less likely to...(Note: if the curriculum has not affected your likelihood to do the following, choose "About the same.")

a. have sexual intercourse in the next 3 months?

Much more likely

○ Somewhat more likely

About the same

○ Somewhat less likely

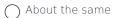
Much less likely

b. use (or ask your partner to use) a condom if you were to have sexual intercourse in the next 3 months?	
O This question does not apply to me because I choose to not have sexual intercourse in the next 3 months	
O Much more likely	
O Somewhat more likely	
O About the same	
O Somewhat less likely	
O Much less likely	

c. use (or ask your partner to use) birth control OTHER than condoms if you were to have sexual intercourse in the next 3 months? By birth control, we mean methods that can prevent pregnancy, like using birth control pills, the shot, the patch, the ring, IUD, or implant.

\bigcirc	This question	does r	not apply t	o me	because	l choose t	o not	have	sexual	intercourse	in the	e next 3
-	months											

- Much more likely
- Somewhat more likely



- Somewhat less likely
- Much less likely



Personal Responsibility Education Program (PREP) High School Exit Survey

The next questions ask you about your experiences in the curriculum that you just completed. Think about all of the sessions or classes of the curriculum that you attended.

16. Even if you didn't attend all of the sessions or classes in the curriculum, how often in this curriculum...

MARK ONLY ONE ANSWER PER ROW

	All of the time	Most of the time	Some of the time	None of the time
a. did you feel interested in curriculum classes?	\bigcirc	\bigcirc	\bigcirc	\bigcirc
b. did you feel the material presented was clear?	\bigcirc	\bigcirc	\bigcirc	\bigcirc
c. did discussions or activities help you learn curriculum lessons?	\bigcirc	\bigcirc	0	\bigcirc
d. did you have a chance to ask questions about topics or issues that came up in the curriculum?	\bigcirc	\bigcirc	\bigcirc	\bigcirc
e. did you feel respected as a person?	\bigcirc	\bigcirc	\bigcirc	\bigcirc

17. Thinking about the curriculum, how satisfied are you with...

MARK ONLY ONE ANSWER PER ROW

	Very satisfied	Somewhat satisfied	A little satisfied	Not at all satisfied
a. the amount of information you received about abstaining from sex (choosing to not have sex)?	\bigcirc	\bigcirc	0	\bigcirc
b. the amount of information you receive about condoms and birth control?	\bigcirc	\bigcirc	\bigcirc	0

The questions above are part of a national effort to measure whether programs meet their goals. It is sponsored by the U.S. Department of Health and Human Services. The next questions are not part of this national effort.

The questions below are part of a local program evaluation and are not allowed to be mixed in with the ones above. So, you may see items on the same topics. Like the items above, all of your responses will be kept private. We ask for your initials so we can provide you with a \$10 gift card to thank you for taking this survey.

18. On what day of the month were you born? (For example: If you were born on December 13, you would choose 13)

\$

19. What is the <u>first letter</u> of your FIRST name (*not your nickname*)?

\$

20. What is the <u>first letter</u> of your LAST name (*not your nickname*)?

\$

21. What is the name of your school?



22. What is the name of your classroom teacher?



Expectations.

23. Please indicate your level of agreement with the following statements.

	Strongly Disagree	Somewhat Disagree	Neither Disagree nor Agree	Somewhat Agree	Strongly Agree
a. I will wait until I am a mature adult before having sex with another person.	\bigcirc	\bigcirc	0	\bigcirc	\bigcirc
b. I know that I will be successful in life.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
c. What happens to me is my own doing.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
d. I will do what is necessary to be a good provider when I am an adult, like graduate from high school, finish college, or start my own business.	0	0	0	0	\bigcirc
e. I see myself being a much better parent when I am older than I would be right now.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc

<u>Risk Factors</u>.

24. What was your grade average during the last quarter you were in school?

- $\bigcirc A$
- ОВ
- O C
- \bigcirc D
- () F

25. How many days of school did you miss during the last 30 days?

- 🔿 o days
- 🔿 1 or 2 days
- 🔿 3 to 5 days
- 🔿 10 to 19 days
- 🔿 29 to 39 days
- 40 or more days

26. How many days of school have you been suspended in the last **12** months?

- 0 days
- 🔿 1-2 days
- 🔿 3 to 9 days
- 10 to 19 days
- 🔿 20 to 39 days
- 40 or more days

<u>Knowledge</u>.

27. Choose 'true,' 'false,' or 'not sure' for the following statements.

	True	False	Not Sure			
a. There are not always physical side effects after getting an STD.	\bigcirc	\bigcirc	\bigcirc			
b. The safest sex- emotionally, socially, and health-wise takes place in the context of a mature and healthy relationship or marriage.	\bigcirc	\bigcirc	\bigcirc			
c. The only 100% effective way to eliminate the risk of pregnancy, STDs, and HIV is to not have sex of any kind.	\bigcirc	\bigcirc	\bigcirc			
d. Experiencing sexual urges is a normal part of growing up.	\bigcirc	\bigcirc	\bigcirc			
e. It is normal for men to have as many sex partners as possible.	\bigcirc	\bigcirc	\bigcirc			
f. One danger sign for a relationship is being really attached to someone on many levels.	\bigcirc	\bigcirc	\bigcirc			
Delinquency						
28. In the past 3 months, have you been in trouble with law enforcement in any way?						
⊖ ^{Yes}						
O No						
O Other (please	e specify)					

29. In the past 3 months, have any of your close friends been in trouble with law enforcement in any way?

\bigcirc	Yes

 \bigcirc No

Environment.

30. Please respond 'yes,' 'no,' or 'not sure' to the following items.

	Yes	No	Not Sure
a. Do you feel safe at school?	\bigcirc	\bigcirc	\bigcirc
b. Have you ever been involved with foster care?	\bigcirc	\bigcirc	\bigcirc
c. Do you feel safe at home?	\bigcirc	\bigcirc	\bigcirc
d. Have you ever been involved with juvenile justice?	\bigcirc	\bigcirc	\bigcirc

Alcohol and Drugs.

31. During the past 30 days, on how many days did you have at least one drink of alcohol?

- 🔘 0 days
- 🔿 1 or 2 days
- 3 to 5 days
- 🔿 6 to 9 days
- 10 to 19 days
- 🔿 20 to 29 days
- 🔘 all 30 days

32. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row (if you are female) or 5 or more drinks of alcohol in a row (if you are male)?

0 times

- 🔿 1 or 2 times
- 🔘 3 to 5 days
- 🔿 6 to 9 days
- 10 to 19 days
- 20 or more days

33. During the past 30 days, how many times did you use marijuana?

- 0 times
- 1 or 2 times
- 🔿 3 to 9 times
- 10 to 19 times
- 20 to 39 times
- 40 or more times

34. During the past 30 days, how many times did you vape?

- 0 times
- 1 o 2 times
- 🔿 3 to 9 times
- 10 to 19 times
- 20 to 39 times
- 40 or more times

Attitudes and Beliefs.

35. Please indicate your level of agreement with the following statements.

	Strongly Disagree	Somewhat Disagree	Neither Disagree or Agree	Somewhat Agree	Strongly Agree
a. Casual sex is no big deal if you use protection.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
b. I am comfortable having conversations about sex with parents and teachers.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
c. I risk my health if I have sex before I am in a committed relationship.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
d. It doesn't matter to me if other kids think I have never had sex.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
e. "Sexting" or sending nudes is a harmless activity, especially if it is between friends.	\bigcirc	\bigcirc	0	\bigcirc	\bigcirc
f. Having safe, consensual sex helps teenagers learn how to be well-adjusted adults.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
g. High school relationships that take a lot of work are not good ones.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
h. Relationships work better when partners are always honest with each other.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
i. I am too young to have a sexual relationship.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc

Behaviors.

36. Please indicate your level of agreement with the following statements.

	Strongly Disagree	Somewhat Disagree	Neither Disagree or Agree	Somewhat Agree	Strongly Agree
a. I go to my parents whenever I have a problem, even if it is about sex.	0	\bigcirc	\bigcirc	0	\bigcirc
b. I follow my friends even if I think they are wrong.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
c. I tell people "no" if they want me to do something I think is wrong.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
d. I usually keep going until a task is done.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
e. I often have important tasks that I never complete.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
f. I make lists of things I have to do on a regular basis.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
g. I help other people when there is no benefit to me, such as giving to charity, participating in church or school activities, or helping a neighbor with yardwork.	\bigcirc	0	0	0	\bigcirc
h. I am friendly to people I am attracted to even if they are not attracted to me.	\bigcirc	\bigcirc	\bigcirc	0	\bigcirc
i. I send or receive nudes and/or sexts with my friends.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc

Sexual Coercion and Violence.

37. Think about the past 3 months. How often did the following items occur?

	l did not date or go out with anyone during the past 12 months	0 times	1 time	2 or 3 times	4 or 5 times	6 or more times
a. During the past 3 months, how many times did anyone force you to do sexual things that you did not want to do?	0	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc
b. During the past 3 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do?	\bigcirc	\bigcirc	0	\bigcirc	0	\bigcirc
c. During the past 3 months, how many times did someone you were dating or going out with physically hurt you on purpose?	0	0	0	0	0	\bigcirc

Life Circumstances.

38. Please indicate your level of agreement with the following statements.

	Strongly Disagree	Somewhat Disagree	Neither Disagree or Agree	Somewhat Agree	Strongly Agree
a. I have someone to go to about a problem, even if it is about sex.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
b. I feel awful when I look at some of the things I have done in my life.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
c. I catch my friends saying things about me that I do not like.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
d. My friends are not sexually active.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
e. I find myself in situations with others that are too difficult for me.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
f. My friends send me nudes and/or are "sexting" on a regular basis.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc

<u>Class Learning</u>. Please read each question and mark the answer that best describes your experiences in the Love Notes education classes.

39. Were you given enough time to offer input during the Love Notes education classes?

O Information was **always** presented with kindness and patience so that I had enough time to ask questions and share thoughts.

- O Information was **sometimes** presented with kindness and patience so that I had enough time to ask questions and share thoughts, but other times everything moved too quickly, or it seemed input was not welcome.
- O Information was **rarely** presented with kindness and patience so that I rarely or never had enough time to ask questions and share thoughts because everything moved too quickly, or it seemed input was not welcome.

40. Did you receive information during the Love Notes education classes that applied to your life?

O Information was **always** presented with words, ideas, and examples I could understand.

O Information was **sometimes** presented with words, ideas, and examples I could understand, but other

times they did not seem to relate to me.

O Information was **rarely** presented with words, ideas, and examples I could relate to or understand.

41. Were you given different ways to join in activities during the Love Notes education classes?

Rarely did I join in only one way during a full class, but instead I usually joined in a variety of ways, such as on my own, in a small group, or with all the class.

Sometimes I joined in only one way during a full class, but for other classes I joined in a variety of ways such as on my own, in a small group, or with all the class.

Almost always I joined in only one way during a full class by only working on my own, or only in a small group or only with all the class.

42. Were you given clear learning goals at each Love Notes education class?

C Learning goals **always** seemed clear--I usually knew what I was supposed to do, why I was supposed to

do it, and what staff wanted me to do seemed reasonable to me.

C Learning goals **sometimes** seemed clear but other times I did not know what I was supposed to do, why I was supposed to do it, or what staff ask did not seem reasonable.

O Learning goals **rarely** seemed clear--I often did not know what I was supposed to do, why I was supposed to do it, and what staff wanted me to do did not seem reasonable.

43. Did you receive help from staff before, during, or after the Love Notes education classes when trying to use information?

○ I **always** received help from staff to improve my use of information.

I sometimes received help from staff to improve my use of information, but other times I had to figure

things our for myself when I needed help.

I **rarely** received help from staff to improve my use of information, and I usually had to figure things our for myself when I needed help.

<u>Class Supports</u>. Please read each question and mark the answer that best

describes your experience in the Love Notes education classes.

44. Were you treated with respect by your Love Notes education class instructor(s)?

My instructor(s) **always** treated me with respect and never treated me in a hostile way.

- My instructor(s) **sometimes** did not treat me with respect, but I was never treated in a hostile way.
- **Rarely** did my instructor(s) treat me with respect and sometimes acted in a hostile way.

45. Were you made to feel welcome at each meeting of the Love Notes education classes?

O I always was greeted warmly when I entered a class and asked how I was doing.

- O I **sometimes** was greeted warmly when I entered a class and asked how I was doing but other times staff did not acknowledge my presence until much later or not at all.
- Rarely was I greeted warmly when I entered a class or asked how I was doing and usually staff did not

acknowledge my presence until much later or not at all.

46. Did your Love Notes education class instructor(s) show interest in your concerns before, during , or after classes?

- O My instructor(s) **always** wanted me to come to them with any concerns--there was always someone there for me when I needed them to address any issues with class.
- O My instructor(s) **sometimes** wanted me to come to them with my concerns but other times I felt like there was no one there to address any issues I had with class.
- **Rarely** did my instructor(s) want me to come to them with my concerns and I usually felt like there was no one to address any issues with class.

47. Did your Love Notes education class instructor(s) make you feel it was okay to make mistakes when using new information

- My instructor(s) were **always** patient and helpful if I made mistakes when using new information.
- O My instructor(s) were **sometimes** patient and helpful if I made mistakes when using new information but other times I felt I had to do well right away.
- My instructor(s) were **rarely** patient and helpful if I made mistakes when using new information but instead made me feel like I had to do well right away.

48. Did your Love Notes education class instructor(s) encourage you to test yourself by moving beyond your comfort zone when using new information?

() I always was encouraged to take on difficult activities or use new information.

O I **sometimes** was encouraged to take on difficult activities or use new information but other times I felt I was on my own.

O I **rarely** was encouraged to take on challenging activates or use information for the first time--I was usually on my own and felt like it was sink or swim.

<u>Satisfaction</u>. Please respond to each question below about your satisfaction with the Love Notes education classes.

With the Love Notes cudeation classes

49. Would you recommend the Love Notes education classes to someone you know?

() Yes

O No

50. On a scale of 1 to 5, where "1" is least and "5" is most, please mark the number that best describes the extent to which the Love Notes education classes:

	Not at all 1	2	Somewhat 3	4	Very 5
a. My teacher was helpful when addressing your needs.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
b. My teacher was knowledgeable about Love Notes education topics	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
c. My teacher was respectful toward all participants.	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc

51. What would you like to change about the Love Notes education classes you attended?

52. What did you like best about the Love Notes education classes you attended?

Τ

53. During the past 6 months, where have you received information about avoiding sexual risks?
MARK ALL THAT APPLY
a teacher or other adult <u>in this</u> class talking about good ways to not get pregnant
a teacher or other adult in another class talking about good ways to not get pregnant
an adult outside of school talking about good ways to not get pregnant
a POWER to Decide social media group
I have not received any information talking about good ways to not get pregnant
Other (please specify)
The Paperwork Reduction Act of 1995
Public reporting burden for this collection of information is estimated to average 9 minutes per response, including the time for
reviewing instructions, gathering and maintaining the data needed, and reviewing the collection of information. An agency may not
conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid
OMB control number. The information collected will help policy makers, program providers and other stakeholders
understand the experiences of youth today and identify ways to reduce risky behaviors. This information will also inform programs on how best to

serve their participants. The collection of this information is voluntary and responses will be kept private to the extent allowed by

law. The OMB number for this information collection is 0970-0497 and the expiration date is 06/30/2023.